

March

March is **NUTRITION MONTH** –Help yourself to our handouts...
Job search the healthy way!!!



| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|--|---|---|--|--|--|--|--|
| 1 | 2 First Step – Cobourg CERC @ 11:00 am | 3 First Step- Port Hope CERC @ 1:00 pm Free Child Care 1-2 | 4 First Step – Cobourg CERC @ 9:30 am | 5 Colborne Outreach Public Library 2-5 pm | 6 | 7 | |
| 8 <i>Daylight Savings Time ends – move your clocks ahead</i> | 9 First Step – Cobourg CERC @ 11:00 am RCMP guest speaker @ 2:00 - Cobourg | 10 Free Child Care 1-2 | 11 First Step – Cobourg CERC @ 9:30 am | 12 Colborne Outreach Public Library 2-5 pm | 13 | 14 | |
| 15 | 16 First Step – Cobourg CERC @ 11:00 am | 17 First Step- Port Hope CERC @ 1:00 pm Free Child Care 1-2 | 18 First Step – Cobourg CERC @ 9:30 am | 19 | 20 | 21 <i>1st Day of Spring</i> | |
| 22  | 23 First Step – Cobourg CERC @ 11:00 am | 24 Free Child Care 1-2 | 25 First Step – Cobourg CERC @ 9:30 am | 26 Colborne Outreach Public Library 2-5 pm First Step 2:30-3:30 | 27  | 28 | |
| 29 | 30 First Step – Cobourg CERC @ 11:00 am Job Finding Club starts @ WES | 31 First Step- Port Hope CERC @ 1:00 pm Free Child Care 1-2 |  | CREW, Resume & Interviewing workshops ongoing at Watson Employment Services | | | |
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RCMP testing – call for times